

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vereecken Sven

Coaches: Sluyts Stephanie HEADCOACH

Coaches: Dillen Toon

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+				Heat:1, starttime: 14:00	
Heat: 1/11 Lane : 4 Athlete: VEREECKEN WANTER FELINE				Q-time: 01:44:22	
PB (25m pool): 01:44.22 Nijlen 16/11/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:44.22	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+				Heat:1, starttime: 14:00	
Heat: 1/11 Lane : 5 Athlete: VAN DE WEYER FOUKE				Q-time: 01:46:40	
PB (25m pool): 01:46.40 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.93		01:46.40	
	00:50.93 00:55.47				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+				Heat:2, starttime: 14:02	
Heat: 2/11 Lane : 2 Athlete: MAERTENS HELENA				Q-time: 01:38:75	
PB (25m pool): 01:38.75 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.79		01:38.75	
	00:46.79 00:51.96				
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:02
Heat: 2/11 Lane : 3 Athlete: SCHEPERS LENTHE					Q-time: 01:38:41
PB (25m pool): 01:38.41 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.56		01:38.41	
	00:46.56		00:51.85		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:02
Heat: 2/11 Lane : 7 Athlete: AERTS SIEN					Q-time: 01:41:10
PB (25m pool): 01:41.10 Nijlen 16/11/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.10	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:07
Heat: 4/11 Lane : 6 Athlete: HUFKENS ELINA					Q-time: 01:30:34
PB (25m pool): 01:30.34 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.70		01:30.34	
	00:41.70		00:48.64		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/11 Lane : 3 Athlete: WOUTERS DORA					Q-time: 01:28:17
PB (25m pool): 01:28.17 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.74		01:28.17	
	00:40.74		00:47.43		
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/11 Lane : 4 Athlete: DJONOU IMBA ITZANA					Q-time: 01:28:01
PB (25m pool): 01:28.01 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.19		01:28.01	
	00:41.19		00:46.82		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/11 Lane : 5 Athlete: VAN ASTEN RENÉ					Q-time: 01:28:02
PB (25m pool): 01:28.02 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.52		01:28.02	
	00:42.52		00:45.50		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:11
Heat: 6/11 Lane : 4 Athlete: VALKENBORGHES YANNE					Q-time: 01:24:63
PB (25m pool): 01:24.63 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.04		01:24.63	
	00:39.04		00:45.59		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:11
Heat: 6/11 Lane : 6 Athlete: WOUTERS MIT					Q-time: 01:25:46
PB (25m pool): 01:25.46 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.05		01:25.46	
	00:38.05		00:47.41		
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:13
Heat: 7/11 Lane : 5 Athlete: BOECKX PAULIEN					Q-time: 01:20:89
PB (25m pool): 01:20.89 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.13		01:20.89	
	00:38.13		00:42.76		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/11 Lane : 2 Athlete: COOLS YELENA					Q-time: 01:17:89
PB (25m pool): 01:17.89 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.96		01:17.89	
	00:36.96		00:40.93		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/11 Lane : 7 Athlete: VAN TILBURG FRAUKE					Q-time: 01:20:12
PB (25m pool): 01:20.12 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.00		01:20.12	
	00:36.00		00:44.12		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:16
Heat: 9/11 Lane : 3 Athlete: VANLOMMEL LUISA VALENTINA					Q-time: 01:14:05
PB (25m pool): 01:14.05 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.05		01:14.05	
	00:35.05		00:39.00		
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 14:18
Heat: 10/11 Lane : 2 Athlete: DRIES SIEN					Q-time: 01:10:28
PB (25m pool): 01:10.28 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.72		01:10.28	
	00:31.72		00:38.56		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 14:18
Heat: 10/11 Lane : 8 Athlete: MAES JULIE					Q-time: 01:11:80
PB (25m pool): 01:11.80 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.54		01:11.80	
	00:32.54		00:39.26		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 14:20
Heat: 11/11 Lane : 8 Athlete: OOMS SARI					Q-time: 01:08:67
PB (25m pool): 01:08.62 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.62	
	no time				
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:25	
Heat: 2/9 Lane : 2 Athlete: STERCKX DAAN							Q-time: 02:32:91	
PB (25m pool): 02:33.36 Antwerpen 12/10/2025							PB (50m pool): 02:32.91 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.31		01:16.21		01:55.67		02:33.36
	00:36.31		00:39.90		00:39.46		00:37.69	
								

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:25	
Heat: 2/9 Lane : 5 Athlete: GILLES NATHAN							Q-time: 02:29:72	
PB (25m pool): 02:29.72 TEMSE 23/11/2025				PB (50m pool): 02:42.12SB: 02:31.86 Durmehal 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.97		01:09.45		01:50.03		02:29.72
	00:31.97		00:37.48		00:40.58		00:39.69	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:25	
Heat: 2/9 Lane : 6 Athlete: LIEVENS RUBE							Q-time: 02:32:51	
PB (25m pool): 02:27.35 Durmehal 27/09/2026				PB (50m pool): 02:32.51 SB: 02:27.35 Durmehal 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.28		01:09.67		01:49.09		02:27.35
	00:32.28		00:37.39		00:39.42		00:38.26	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:3, starttime: 14:28	
Heat: 3/9 Lane : 6 Athlete: AGTEN VALERIO ÁLVARO							Q-time: 02:28:42	
PB (25m pool): 02:28.42 Parklaan 58, Turnhout 29/03/2026				PB (50m pool): 02:31.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.60		01:11.10		no time		02:28.42
	00:32.60		00:38.50					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:31	
Heat: 4/9 Lane : 8 Athlete: NEYRINCK RUBEN							Q-time: 02:24:96	
PB (25m pool): 02:24.96 Kapellen 30/05/2026				PB (50m pool): 02:32.31 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.50		01:10.39		no time		02:24.96
	00:33.50		00:36.89					
								

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:34	
Heat: 5/9 Lane : 4 Athlete: DILLEN FINN							Q-time: 02:10:62	
PB (25m pool): 02:10.62 TEMSE 23/11/2025				PB (50m pool): 02:11.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.19		01:04.11		01:37.20		02:10.62
	00:30.19		00:33.92		00:33.09		00:33.42	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:7, starttime: 14:40	
Heat: 7/9 Lane : 2 Athlete: DRIES KLAAS							Q-time: 02:05:14	
PB (25m pool): 02:02.63 TEMSE 24/11/2024				PB (50m pool): 02:06.00SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.50		00:59.52		01:30.99		02:02.63
	00:28.50		00:31.02		00:31.47		00:31.64	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:7, starttime: 14:40	
Heat: 7/9 Lane : 3 Athlete: BEGUE MILANN							Q-time: 02:03:95	
PB (25m pool): 02:03.95 Kapellen 30/05/2026				PB (50m pool): 02:07.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.07		01:00.61		no time		02:03.95
	00:29.07		00:31.54					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:42	
Heat: 8/9 Lane : 2 Athlete: VANTHOURNOUT XANDER							Q-time: 02:01:28	
PB (25m pool): 02:00.16 TEMSE 24/11/2024				PB (50m pool): 02:03.65 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.25		00:59.17		01:29.98		02:00.16
	00:28.25		00:30.92		00:30.81		00:30.18	
								

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:42	
Heat: 8/9 Lane : 4 Athlete: VAN BALLAER VIKTOR							Q-time: 01:59:16	
PB (25m pool): 01:57.97 Mol 20/10/2024				PB (50m pool): 02:01.92SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.81		00:56.86		01:27.15		01:57.97
	00:26.81		00:30.05		00:30.29		00:30.82	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:9, starttime: 14:45	
Heat: 9/9 Lane : 1 Athlete: VAN TILBURG MATTHIAS							Q-time: 01:59:00	
PB (25m pool): 01:59.00 Antwerpen 12/10/2025				PB (50m pool): 02:03.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.84		00:57.07		01:28.15		01:59.00
	00:26.84		00:30.23		00:31.08		00:30.85	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:9, starttime: 14:45	
Heat: 9/9 Lane : 3 Athlete: MICHOEL QUINTEN							Q-time: 01:55:79	
PB (25m pool): 01:55.79 Kapellen 30/05/2026				PB (50m pool): 01:58.36SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.76		00:55.91		no time		01:55.79
	00:26.76		00:29.15					
								

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+							Heat:3, starttime: 14:52			
Heat: 3/4 Lane : 7 Athlete: BOOGERS NOOR						Q-time: 01:13:29				
PB (25m pool): 01:13.29 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 01:15.33 SB: no time			
	2 5 M		5 0 M		7 5 M		1 0 0 M			
PB			00:33.63				01:13.29			
	00:33.63				00:39.66					
										

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 14:56
Heat: 1/4 Lane : 3 Athlete: VAN MEER RUNE					Q-time: 01:58:00
PB (25m pool): no time					PB (50m pool): 01:58.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:59
Heat: 2/4 Lane : 5 Athlete: DE FEYTER LUCAS					Q-time: 01:40:40
PB (25m pool): 01:46.08 Pelt 05/10/2025					PB (50m pool): 01:40.40 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.62		01:46.08	
	00:49.62 00:56.46				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:59
Heat: 2/4 Lane : 7 Athlete: RAMSDONCK KRIS					Q-time: 01:45:16
PB (25m pool): 01:45.16 Herentals 09/05/2026					PB (50m pool): 01:59.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.90		01:45.16	
	00:49.90 00:55.26				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:4, starttime: 15:03
Heat: 4/4 Lane : 4 Athlete: MAES MATHIJS					Q-time: 01:22:56
PB (25m pool): 01:24.26 Turnhout 01/03/2026					PB (50m pool): 01:22.56 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.67		01:24.26	
	00:39.67 00:44.59				
					

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:09
Heat: 2/14 Lane : 3 Athlete: VAN DE WEYER FOUKE					Q-time: 01:40:30
PB (25m pool): 01:40.30 Turnhout 01/03/2026					PB (50m pool): 01:47.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.82		01:40.30	
	00:47.82		00:52.48		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:09
Heat: 2/14 Lane : 4 Athlete: SCHEPERS LENTHE					Q-time: 01:37:62
PB (25m pool): 01:52.25 Pelt 05/10/2025					PB (50m pool): 01:37.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.16		01:52.25	
	00:55.16		00:57.09		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:09
Heat: 2/14 Lane : 7 Athlete: MAERTENS HELENA					Q-time: 01:46:12
PB (25m pool): 01:49.54 Pelt 05/10/2025					PB (50m pool): 01:46.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.35		01:49.54	
	00:53.35		00:56.19		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:11
Heat: 3/14 Lane : 1 Athlete: VEREECKEN WANTER FELINE					Q-time: 01:37:25
PB (25m pool): 01:38.16 Turnhout 01/03/2026					PB (50m pool): 01:37.25 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.16		01:38.16	
	00:48.16		00:50.00		
					

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:11
Heat: 3/14 Lane : 2 Athlete: AERTS SIEN					Q-time: 01:34:96
PB (25m pool): 01:34.96 Turnhout 01/03/2026			PB (50m pool): 01:37.35 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.40		01:34.96	
	00:45.40		00:49.56		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:14
Heat: 4/14 Lane : 6 Athlete: WOUTERS DORA					Q-time: 01:31:29
PB (25m pool): 01:29.37 Durmehal 27/09/2026			PB (50m pool): 01:32.52 SB: 01:29.37 Durmehal 27/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.71		01:29.37	
	00:44.71		00:44.66		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:22
Heat: 7/14 Lane : 7 Athlete: HUFKENS ELINA					Q-time: 01:23:57
PB (25m pool): 01:23.57 Turnhout 01/03/2026			PB (50m pool): 01:31.38 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.97		01:23.57	
	00:40.97		00:42.60		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:24
Heat: 8/14 Lane : 3 Athlete: DE RIDDER ROXANE					Q-time: 01:18:74
PB (25m pool): 01:18.74 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:20.16 SB: 01:19.54 Durmehal 27/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.36		01:18.74	
	00:38.36		00:40.38		
					

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:24
Heat: 8/14 Lane : 8 Athlete: WOUTERS MIT					Q-time: 01:20:35
PB (25m pool): 01:20.35 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:24.68 SB: 01:24.82 Durmehal 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.03		01:20.35	
	00:39.03		00:41.32		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:31
Heat: 11/14 Lane : 4 Athlete: VAN TILBURG FRAUKE					Q-time: 01:12:26
PB (25m pool): 01:12.26 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:14.24 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.85		01:12.26	
	00:34.85		00:37.41		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:31
Heat: 11/14 Lane : 5 Athlete: BOOGERS NOOR					Q-time: 01:12:58
PB (25m pool): 01:12.58 TEMSE 23/11/2025 PB (50m pool): 01:15.76 SB: 01:13.97 Durmehal 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.63		01:12.58	
	00:35.63		00:36.95		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:12, starttime: 15:33
Heat: 12/14 Lane : 3 Athlete: MAES JULIE					Q-time: 01:11:40
PB (25m pool): 01:11.40 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:13.95 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.00		01:11.40	
	00:34.00		00:37.40		
					

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:12, starttime: 15:33
Heat: 12/14 Lane : 8 Athlete: VANLOMMEL LUISA VALENTINA					Q-time: 01:12:10
PB (25m pool): 01:12.10 Herentals 09/05/2026					PB (50m pool): 01:15.68 SB: 01:12.86 Durmehal 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.87		01:12.10	
	00:34.87		00:37.23		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:13, starttime: 15:35
Heat: 13/14 Lane : 4 Athlete: OOMS SARI					Q-time: 01:08:07
PB (25m pool): 01:07.26 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): 01:10.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.26	
	no time				
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:1, starttime: 15:55			
Heat: 1/4 Lane : 4 Athlete: LIEVENS RUBE					Q-time: 03:11:58			
PB (25m pool): no time					PB (50m pool): 03:11.58 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 16:02			
Heat: 3/4 Lane : 5 Athlete: DILLEN FINN					Q-time: 02:41:75			
PB (25m pool): 02:41.75 Parklaan 58, Turnhout 29/03/2026					PB (50m pool): 02:46.37 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.82		01:17.31		no time		02:41.75
	00:35.82		00:41.49					
								

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 16:05	
Heat: 4/4 Lane : 6 Athlete: VAN BALLAER VIKTOR							Q-time: 02:26:18	
PB (25m pool): 02:26.18 Gent 09/11/2025				PB (50m pool): 02:35.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.44		01:09.78		01:47.84		02:26.18
	00:32.44		00:37.34		00:38.06		00:38.34	
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 16:09	
Heat: 1/2 Lane : 5 Athlete: VALKENBORGHS YANNE							Q-time: 06:33:77	
PB (25m pool): no time			PB (50m pool): 06:33.77SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+										Heat:2, starttime: 16:24	
Heat: 2/10 Lane : 5 Athlete: STERCKX DAAN										Q-time: 00:31:75	
PB (25m pool): 00:31.54 Durmehal 27/09/2026										PB (50m pool): 00:33.05SB: 00:31.54 Durmehal 27/09/2026	
	2 5 M		5 0 M								
PB			00:31.54								
			00:31.54								
											

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 35: 50M FREESTYLE MEN 13+			Heat:2, starttime: 16:24
Heat: 2/10 Lane : 8 Athlete: VANTHOURNOUT XENNE			Q-time: 00:32:54
PB (25m pool): no time			PB (50m pool): 00:32.54 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:3, starttime: 16:26
Heat: 3/10 Lane : 8 Athlete: NEYRINCK RUBEN			Q-time: 00:31:43
PB (25m pool): 00:31.10 Durmehal 27/09/2026			PB (50m pool): 00:32.02 SB: 00:31.10 Durmehal 27/09/2026
	2 5 M	5 0 M	
PB		00:31.10	
	00:31.10		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:4, starttime: 16:27
Heat: 4/10 Lane : 1 Athlete: GILLES NATHAN			Q-time: 00:29:76
PB (25m pool): 00:29.76 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:30.11 SB: 00:29.82 Durmehal 27/09/2026
	2 5 M	5 0 M	
PB		00:29.76	
	00:29.76		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:4, starttime: 16:27
Heat: 4/10 Lane : 3 Athlete: AGTEN VALERIO ÁLVARO			Q-time: 00:29:33
PB (25m pool): 00:29.16 Durmehal 27/09/2026			PB (50m pool): 00:29.33 SB: 00:29.16 Durmehal 27/09/2026
	2 5 M	5 0 M	
PB		00:29.16	
	00:29.16		
			

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 35: 50M FREESTYLE MEN 13+			Heat:4, starttime: 16:27
Heat: 4/10 Lane : 8 Athlete: LIEVENS RUBE			Q-time: 00:30:12
PB (25m pool): 00:31.66 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:30.12 SB: no time			
	2 5 M	5 0 M	
PB		00:31.66	
		00:31.66	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:7, starttime: 16:29
Heat: 7/10 Lane : 7 Athlete: DILLEN FINN			Q-time: 00:26:38
PB (25m pool): 00:28.43 Sinbad 22/07/2025 PB (50m pool): 00:27.48 SB: no time			
	2 5 M	5 0 M	
PB		00:28.43	
		00:28.43	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:8, starttime: 16:30
Heat: 8/10 Lane : 2 Athlete: BEGUE MILANN			Q-time: 00:25:41
PB (25m pool): 00:25.41 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:25.98 SB: 00:25.55 Durmechal 27/09/2026			
	2 5 M	5 0 M	
PB		00:25.41	
		00:25.41	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:9, starttime: 16:31
Heat: 9/10 Lane : 2 Athlete: VANTHOURNOUT XANDER			Q-time: 00:24:77
PB (25m pool): 00:24.77 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:25.48 SB: no time			
	2 5 M	5 0 M	
PB		00:24.77	
		00:24.77	
			

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 35: 50M FREESTYLE MEN 13+			Heat:9, starttime: 16:31
Heat: 9/10 Lane : 4 Athlete: MICHOEL QUINTEN			Q-time: 00:24:33
PB (25m pool): 00:24.33 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:24.72 SB: no time			
	2 5 M	5 0 M	
PB		00:24.33	
		00:24.33	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:10, starttime: 16:32
Heat: 10/10 Lane : 2 Athlete: VAN BALLAER VIKTOR			Q-time: 00:24:00
PB (25m pool): 00:24.00 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:24.95 SB: no time			
	2 5 M	5 0 M	
PB		00:24.00	
		00:24.00	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:10, starttime: 16:32
Heat: 10/10 Lane : 7 Athlete: VAN TILBURG MATTHIAS			Q-time: 00:24:02
PB (25m pool): 00:24.02 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:24.69 SB: no time			
	2 5 M	5 0 M	
PB		00:24.02	
		00:24.02	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:1, starttime: 16:34
Heat: 1/5 Lane : 2 Athlete: DJONOU IMBA ITZANA			Q-time: 00:44:63
PB (25m pool): 00:41.46 Durmehal 27/09/2026 PB (50m pool): 00:44.63 SB: 00:41.46 Durmehal 27/09/2026			
	2 5 M	5 0 M	
PB		00:41.46	
		00:41.46	
			

Coach feedback:

PK Antw KB 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:1, starttime: 16:34
Heat: 1/5 Lane : 3 Athlete: VAN ASTEN RENÉE			Q-time: 00:44:45
PB (25m pool): 00:46.46 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:44.45 SB: no time			
	2 5 M	5 0 M	
PB		00:46.46	
		00:46.46	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:1, starttime: 16:34
Heat: 1/5 Lane : 6 Athlete: GOOSSENS MARTHE			Q-time: 00:44:52
PB (25m pool): 00:45.98 Nijlen 16/11/2025 PB (50m pool): 00:44.52 SB: no time			
	2 5 M	5 0 M	
PB		00:45.98	
		00:45.98	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:35
Heat: 2/5 Lane : 2 Athlete: BOECKX PAULIEN			Q-time: 00:41:86
PB (25m pool): 00:41.86 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:44.27 SB: no time			
	2 5 M	5 0 M	
PB		00:41.86	
		00:41.86	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:35
Heat: 2/5 Lane : 6 Athlete: COOLS YELENA			Q-time: 00:39:93
PB (25m pool): 00:39.93 Nijlen 16/11/2025 PB (50m pool): 00:40.61 SB: no time			
	2 5 M	5 0 M	
PB		00:39.93	
		00:39.93	
			

Coach feedback: